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First, Do No Harm: A Trauma Informed Approach



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Session SEVEN - 1:00 - 2:30 PM

Participants will learn how trauma, adversity, and toxic stress impact our ability to engage and provide effective practices. We will review the principles of trauma informed care and identify how our systems (criminal justice, child welfare, mental health) often retraumatize the service users preventing them from being able to attend and/or engage in appointments, proceedings, and follow through. The audience will also consider the impact of toxic stress on providers. Throughout the presentation, we will be noting common "hotspots" in justice proceedings and strategies to reduce retraumatization. We will also intersect procedural fairness and trauma informed care.

Learning Objectives

- Define Trauma Informed Care and Purpose.
- Identify situations that could re-traumatize the service user.
- Define the principles of TIC and definition of NEAR science.
- Identify concrete ways to be more trauma informed.

This session will be recorded and available for online viewing by attendees of the conference.

Handouts for this presentation will be made available on the conference website - www.olmhc.org

To receive 1.25 credits for **CLINICAL SOCIAL WORK PRACTICE**, be sure to sign in and out of the session on the clipboard at the back of the room.