

**Northwest Law & Mental Health Conference**  
**Continuing Education Test Form**

# Overview of Mental Health Courts in Oregon

*Session Speakers #4*  
*March, 2018*

## Summary

A panel of judges discuss mental health courts in Oregon and around the nation, their development, operations and effect.

## Learning Objectives

- Overview of Oregon's "Aid and Assist" process.
- Discover what is the prevalence of criminal conduct by untreated seriously mentally ill in county courts.
- Learn about mental health court staffing and procedure.
- What legal and non-legal benefits can judges provide to participants in mental health courts?
- What treatment modalities are most successful for participants in mental health courts.

What are the biggest problems or roadblocks to successful recovery for participants in mental health courts.

Judge Ginger Lerner-Wren  
*Broward County, FL*

Judge Pat Wolke  
*Josephine County*

Judge Heather Karabeika  
*Clackamas County*

Judge Cindee S. Matyas  
*Clatsop County*

Retired Judge Ed Jones  
*Multnomah County*

## Test Process

Download and print this test form.

Watch the 90 minute video, *Overview of Mental Health Courts in Oregon*.

Review Judge Jones' handout – Oregon State Hospital Aid & Assist Admissions by County over the last Two Years (Feb 2016 – Jan 2018) (PDF) at <https://tinyurl.com/jones-OSH>

Complete the ten question test on page three of this form.

You must score 70% or better to receive credit for this test. If your score is lower than 70%, we will send you a message via email and you may retake the test.

To receive 1.25 clinical social work continuing education credit, accredited through the NASW of Oregon, return the completed form and finished test by postal mail with a check for \$20 to:

**Northwest Law & Mental Health Conference  
PO Box 3641 Portland, Oregon 97208**

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## TEST QUESTIONS

**1. Who usually identifies a person for “aid and assist”?**

- A Oregon State Hospital staff
- B Attending physician
- C Family member
- D Defense attorney

**2. What is an estimated OSH cost for persons on “aid and assist”?**

- A \$100,000 per day
- B \$250,000 per day
- C \$800,000 per day
- D \$1,200,000 per day

**3. What Oregon county has the highest rate of “aid and assist” admissions?**

- A Clackamas
- B Clatsop
- C Multnomah
- D Josephine

**4. The Clackamas Court staffing duration is**

- A 90 minutes a week
- B 10 minutes a day
- C All day meeting on Monday
- D On an “as needed” basis

**5. When Broward County started the first mental health court, the USDOJ estimated people with mental illness spent how much longer in jail than those without mental illness**

- A 50 days longer
- B 83 days longer
- C 112 days longer
- D 210 days longer

**6. Which Oregon county was not represented on the panel?**

- A Lane
- B Clatsop
- C Multnomah
- D Josephine

**7. What’s the biggest block for participants in Clackamas County?**

- A Access to medication
- B Housing
- C Willingness to participate
- D Transportation

**8. What treatment modality is most successful for Josephine County?**

- A Assertive Community Treatment
- B Early Assessment and Intervention Alliance
- C Cognitive Behavioral Therapy
- D Dialectical Behavioral Therapy

**9. Which judge said they do not use sanctions?**

- A Judge Heather Karabeika
- B Judge Pat Wolke
- C Judge Ginger Lerner-Wren
- D Judge Cindee S. Matyas

**10. First audience question: What’s the problem with data around cost savings?**

- A Data is expensive to gather
- B Standard of care is uneven
- C Prisons won’t provide data
- D Local resources are uneven

## ANSWER FORM - circle your answer

- |     |   |   |   |   |
|-----|---|---|---|---|
| 1.  | A | B | C | D |
| 2.  | A | B | C | D |
| 3.  | A | B | C | D |
| 4.  | A | B | C | D |
| 5.  | A | B | C | D |
| 6.  | A | B | C | D |
| 7.  | A | B | C | D |
| 8.  | A | B | C | D |
| 9.  | A | B | C | D |
| 10. | A | B | C | D |