

Natasha Tracy

Living with a Mental Illness and Modern, Yet Insufficient, Treatments

Session EIGHT - 1:00 - 2:30 AM

A personal account of the difficulties and decisions about medication adherence from one of the foremost public speakers and writers on the subject. Natasha Tracy will discuss why a person might not want treatment even if they are very sick. She'll talk about why people with bipolar disorder, specifically, opt to discontinue treatment and whether those who harm others have the right to refuse treatment. The rights of society vs. the rights of the individual will be discussed.

Learning Objectives

- Gain an understanding of what a real life with bipolar disorder and be able to apply this when working with others with mental illness.
- Gain an understanding of what treatment for serious mental illness really feels like to understand those with mental illness and the impacts of treatment outside of possible positive effects.
- Understand why a person might not be medication adherence to work with those with mental illness to increase adherence likelihood.
- Understand the impact of medication nonadherence and the rights people have to choose not to be medicated to better empathize with those who have chosen not to be treated and increase the likelihood of future treatment.



Natasha Tracy
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I'm an award-winning mental health writer and author of **Lost Marbles: Insights into My Life with Depression and Bipolar**.

This session will be recorded and available for online viewing by attendees of the conference.

Handouts for this presentation will be made available on the conference website - www.olmhc.org

To receive 1.25 credits for **SOCIAL WORK ETHICS**, be sure to sign in and out of the session on the clipboard at the back of the room.